



OCTOBER PRACTICE CALENDAR

	SUNDAY	TUESDAY	THURSDAY	SATURDAY
THIS MONTH'S REMINDERS	Practice clothes are mandatory at this time. Please wear the appropriate shirt/tank/sports bra with black bottoms. Only the coordinating GU Sports Bras are allowed at this time. Hair should be pulled back tight, out of the face, and NO JEWELRY is allowed.			
	PRACTICES ARE MANDATORY!!! We are in the thick of competition season & routine adjustments will be made if your athlete exceeds 2 unexcused absences.			
	9/30	2	4	6
SUNDAY PRACTICE SCHEDULE	GREY SHIRT/BRA	BLACK TANK/BRA	PINK TANK/BRA	
GREY SHIRT/BRA	SEE SUNDAY	Mini Prep: 4:30-5:30pm	Tiny Exh: 4:30-5:15pm	
SS 1pm - 2pm	SCHEDULE	Y3 & S4.2: 5-6:30pm	Y3 & S4.2: 5-6:30pm	
Mini Prep 2-3pm	←	J2 & J4: 6:15-7:45pm	J2 & J4: 6:15-7:45pm	
Y3 & S4.2 Tumble 2-3pm		S5R: 7:30-9:00pm	S5R: 7:30-9:00pm	
Y3 & S4.2 Practice 3-4:30pm	7	9	11	13
Tiny Exh: 3-3:45pm				
J4 Tumble 3:30-4:30pm	GREY SHIRT/BRA	BLACK TANK/BRA	PINK TANK/BRA	
J2 & J4 Practice 4:30-6pm	SEE SUNDAY	Mini Prep: 4:30-5:30pm	Tiny Exh: 4:30-5:15pm	
S5 Tumble 5-6pm	SCHEDULE	Y3 & S4.2: 5-6:30pm	Y3 & S4.2: 5-6:30pm	
J2 Tumble 6-7pm	←	J2 & J4: 6:15-7:45pm	J2 & J4: 6:15-7:45pm	
S5 Practice 6-7:30pm		S5R: 7:30-9:00pm	S5R: 7:30-9:00pm	
	14	16	18	20
	NO PRACTICE ENJOY A SMALL BREAK!	BLACK TANK/BRA	PINK TANK/BRA	
		Mini Prep: 4:30-5:30pm	Tiny Exh: 4:30-5:15pm	
		Y3 & S4.2: 5-6:30pm	Y3 & S4.2: 5-6:30pm	
		J2 & J4: 6:15-7:45pm	J2 & J4: 6:15-7:45pm	
		S5R: 7:30-9:00pm	S5R: 7:30-9:00pm	
	21	23	25	27
	GREY SHIRT/BRA	BLACK TANK/BRA	PINK TANK/BRA	FULL OUT PARTY
	SEE SUNDAY	Mini Prep: 4:30-5:30pm	Tiny Exh: 4:30-5:15pm	J2, Y3, J4, S4.2 & S5 10am - 12pm
	SCHEDULE	Y3 & S4.2: 5-6:30pm	Y3 & S4.2: 5-6:30pm	
	←	J2 & J4: 6:15-7:45pm	J2 & J4: 6:15-7:45pm	
		S5R: 7:30-9:00pm	S5R: 7:30-9:00pm	MANDATORY
	28	30	11/1	11/3
SAVE THE DATE!	GREY SHIRT/BRA	BLACK TANK/BRA	PINK TANK/BRA	
SHAMROCK SHOWCASE	SEE SUNDAY	Mini Prep: 4:30-5:30pm	Tiny Exh: 4:30-5:15pm	
NOVEMBER 4th @ 4pm	SCHEDULE	Y3 & S4.2: 5-6:30pm	Y3 & S4.2: 5-6:30pm	
Arrival and warm-up times TBA	←	J2 & J4: 6:15-7:45pm	J2 & J4: 6:15-7:45pm	
		S5R: 7:30-9:00pm	S5R: 7:30-9:00pm	

